

Protac® MyRest

Sensory stimulating body pillow with balls

Protac® MyRest is a multi-purpose body pillow filled with sensory-stimulating balls. The pillow is designed to alleviate symptoms from Restless Legs Syndrome (RLS) and other symptoms of discomfort in the legs or back. The large balls in the pillow move slightly every time the user moves a little, and these deep and dynamic pressures on the body stimulate the proprioceptive and tactile senses. The stimulation of these senses enhances the awareness of the body and provides a sense of being secure, calm, lowers the body stress level, and alleviates physical and mental unrest.

Can also be used as support for the back and under the legs

Alleviates symptoms from Restless Legs Syndrome

Available in sizes
45 x 50 cm and
48 x 65 cm

Please scan
QR-code
for more
information



PROTAC®
INTEGRATING SENSES

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Woman with RLS

I often used to feel restlessness in my legs when trying to sleep but placing the pillow between my calves has really helped me. I place it between my legs at bedtime where the restlessness usually begins. Using the pillow limits the discomfort, and I can fall asleep much faster. The pillow has made a big difference for me.

54-year-old woman with Restless Legs Syndrome

Woman with hip pain

Protac® MyRest has been a tremendous help since I had osteoarthritis in my hip. The soreness and stiffness are by far worse at night, making it hard impossible to get comfortable in bed. The result was very poor sleep with many awakenings.

By using the pillow between my knees and occasionally under the aching hip, I am able to sleep better and relieve the pain. The pillow has eliminated the need for painkillers, which I relied on before to sleep.

I can't imagine a night without my pillow and I recommend it to anyone who suffer from pain and disturbed.

55-year-old woman med hip pain

Elderly Woman with lifelong RLS

The woman suffers from high blood pressure and is therefore recommended not to take medication against restless legs. However, her RLS-symptoms were so severe, that this medication was necessary for her to calm down her legs. After she started resting and sleeping with the Protac MyRest®, her RSL-symptoms were reduced to a point where she could stop taking the medication. This allowed her to take better care of her health, follow her doctor's recommendations for medication, and feel more comfortable and relaxed without the constant, disruptive restlessness in her legs.

75-year-old woman with Restless Legs Syndrome

Adult man with lifelong sleep disturbances

Honestly, I haven't slept this much, this well, or for this long since my early twenties. I can't believe how much of a difference balls in a pillow can make, but it has completely changed my life. I've used it every evening and night, and it has added new energy and resilience in so many areas. Now, for the first time in many years, I understand what sleep does and how vital it is for my well-being and daily life.

57-year-old man with sleeping disturbances